



May 2017


We make every effort to accommodate your student's allergies and special diets. Please e-mail an explanation of your student's nutritional needs to the cafeteria staff.

A confirmation with your request and additional information will be emailed to you once your request is approved.

951-351-1445 Ext 228 ▪ cafeteria@LSAK12.com

à la carte items are available for an additional charge; including fresh fruit, salads and snack items

All meals are vegetarian and include your choice of 1% milk, chocolate milk, juice or water

M	T	W	TH	F
1 Pizza Bagels Garden Salad Seasonal Fruit	2 Hard Shell Tacos Spanish Rice Seasonal Fruit	3 Haystack Seasonal Fruit	4 Chicken Fried Rice with Veggies Seasonal Fruit	5 Pizza Garden Salad Seasonal Fruit
8 Baked Ziti French Bread Garden Salad	9 Beefy Potato Burrito Seasonal Veggies	10 Mac n' Cheese Chicken Patty Seasonal Fruit	11 Double Decker Taco Cilantro Lime Rice Seasonal Fruit	12 Pizza Garden Salad Seasonal Fruit
15 Cheese Enchiladas Spanish Rice Seasonal Fruit	16 Sub Sandwich Fries Seasonal Fruit	17 Teriyaki Chicken Steamed Rice Broccoli	18 Carnitas Bowl Seasonal Veggies	19 Pizza Garden Salad Seasonal Fruit
22 Baked Alfredo Ziti French Bread Garden Salad	23 Wet Burrito Garden Salad Seasonal Fruit	24 Chicken Fried Rice with Veggies Seasonal Fruit	25 Lasagna French Bread Seasonal Fruit	26 Pizza Garden Salad Seasonal Fruit
29 	30 Spaghetti w/ Marinara French Bread Garden Salad	31 Haystack Seasonal Fruit		

May 2017

Lunch Account:

\$5.00 Prepaid Lunch

- Add funds to your student's account by the 28th of April and save \$1 per lunch!
- You *do not* need to pick which days your student will purchase lunch.
- Funds available will remain on your account until used.

\$6.00 Same Day (SD) Lunch

- If you prefer, you can send your child with cash or check daily.

Main Course Substitutions:

- Quesadilla (Q) or Bean, Rice & Cheese Burrito (B) may be substituted for the main course.
- Please return the menu with the dates circled that you wish to substitute and write a Q or B in the box.

Payment Options:

Pay Online:

- Go to www.lsak12.com
- Click on High School, Junior High or Elementary
- Click on **Buy Lunch Card**
- Choose the amount you would like to add to your student's account
- Please add student's name and grade under Notes to ensure proper credit to lunch account

Cash or Check:

- Cash or Check are accepted. Please complete the information below.
- In-person payments may be dropped off at the Business Office.

**Please make checks payable to :
Le Chouchou Café**

Name: _____

E-mail Address: _____

Phone: _____

Grade: _____ Teacher: _____

June 2017

We make every effort to accommodate your student's allergies and special diets. Please e-mail an explanation of your student's nutritional needs to the cafeteria staff.

A confirmation with your request and additional information will be emailed to you once your request is approved.

951-351-1445 Ext 228 ▪ cafeteria@LSAK12.com

à la carte items are available for an additional charge; including fresh fruit, salads and snack items

All meals are vegetarian and include your choice of 1% milk, chocolate milk, juice or water



M	T	W	TH	F
			1 Baked Ziti French Bread Seasonal Fruit	2 Pizza Garden Salad Seasonal Fruit
5 BBQ Chicken, Cheese or Pineapple Pizza Garden Salad	6 Baked Ziti French Bread Garden Salad	7 Quesadilla Chips Garden Salad	8 Sub Sandwich Fries Seasonal Fruit	9 Pizza Garden Salad Seasonal Fruit
<p>summer READ • LEARN • EXPLORE</p>				

Lunch Account:

\$5.00 Prepaid Lunch

- Add funds to your student's account by the 26th of May and save \$1 per lunch!
- You *do not* need to pick which days your student will purchase lunch.
- Funds available will remain on your account until used.

\$6.00 Same Day (SD) Lunch

- If you prefer, you can send your child with cash or check daily.

Main Course Substitutions:

- Quesadilla (Q) or Bean, Rice & Cheese Burrito (B) may be substituted for the main course.
- Please return the menu with the dates circled that you wish to substitute and write a Q or B in the box.

Payment Options:

Pay Online:

- Go to www.lsak12.com
- Click on High School, Junior High or Elementary
- Click on **Buy Lunch Card**
- Choose the amount you would like to add to your student's account
- Please add student's name and grade under Notes to ensure proper credit to lunch account

Cash or Check:

- Cash or Check are accepted. Please complete the information below.
- In-person payments may be dropped off at the Business Office.

Please make checks payable to :
Le Chouchou Café

Name: _____

E-mail Address: _____

Phone: _____

Grade: _____ Teacher: _____