




# April 2017

We make every effort to accommodate your student's allergies and special diets. Please e-mail an explanation of your student's nutritional needs to the cafeteria staff.

A confirmation with your request and additional information will be emailed to you once your request is approved.

951-351-1445 Ext 228 ▪ cafeteria@LSAK12.com

All meals are vegetarian and include your choice of 1% milk, chocolate milk, juice or water

M	T	W	TH	F
3 Baked Ziti French Bread Seasonal Fruit	4 Hard Shell Tacos Spanish Rice Seasonal Fruit	5 Haystack Seasonal Fruit	6 Sub Sandwich Fries Seasonal Fruit	7 Pizza Garden Salad Seasonal Fruit
10 Cheese Enchiladas Spanish Rice Seasonal Fruit	14 Spaghetti w/ Marinara French Bread Garden Salad	15 Teriyaki Chicken Steamed Rice Broccoli	16 Chili Beans Cornbread Seasonal Veggies	17 Pizza Garden Salad Seasonal Fruit
17 Baked Alfredo Ziti French Bread Seasonal Fruit	21 Wet Burrito Garden Salad Seasonal Fruit	22 Double Decker Taco Cilantro Lime Rice Seasonal Fruit	23 Lasagna French Bread Seasonal Fruit	24 Pizza Garden Salad Seasonal Fruit
24  Teacher Inservice Day	25 Mac n' Cheese Chicken Patty Seasonal Fruit	26 Haystack Seasonal Fruit	27 Chicken Fried Rice with Veggies Seasonal Fruit	28 Pizza Garden Salad Seasonal Fruit

## Lunch Account:

### \$5.00 Prepaid Lunch

- Add funds to your student's account by the 3rd of April and save \$1 per lunch!
- You *do not* need to pick which days your student will purchase lunch.
- Funds available will remain on your account until used.

### \$6.00 Same Day (SD) Lunch

- If you prefer, you can send your child with cash or check daily.

## Main Course Substitutions:

- Quesadilla (Q) or Bean, Rice & Cheese Burrito (B) may be substituted for the main course.
- Please return the menu with the dates circled that you wish to substitute and write a Q or B in the box.

## Payment Options:

### Pay Online:

- Go to [www.lsak12.com](http://www.lsak12.com)
- Click on High School, Junior High or Elementary
- Click on **Buy Lunch Card**
- Choose the amount you would like to add to your student's account
- Please add student's name and grade under Notes to ensure proper credit to lunch account

### Cash or Check:

- Cash or Check are accepted. Please complete the information below.
- In-person payments may be dropped off at the Business Office.

Please make checks payable to :  
**Le Chouchou Café**

Name: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_