



NEW ELEMENTARY [Kindergarten- 6th Grade]

- **Physical Evaluation:** Physical exam must include an examination by a primary care provider and student's medical history. Physical examination dated within 12 months prior to school entry required. [Pacific Union Conference- Ed. Code A23-116]
- **Dental Exam** [TK, Kindergarten, 1st Graders]: Assessment dated within 12 months prior to his or her first year of school, will meet the health requirements. An oral health assessment by a licensed dentist or other licensed/registered dental health professional is requested of students entering into Transitional Kindergarten, Kindergarten, or First Grade for the first time.
[Southeastern California Conference Office- Education Red Book]
- **Immunization Record:** Provide La Sierra Academy with student's immunization history or a copy of their school health record. The California School Immunization Law requires that children be up to date on their immunization (shots) to attend school. A personal beliefs exemption is no longer an option for entry into school. [California Department of Public Health]
If your student needs a temporary or permanent medical exemption, letters are no longer being accepted. Families are required to request a medical exemption from CAIR-ME <http://cair.cphd.ca.gov/exemptions/home>
[California Department of Health]
- **Medication Consent Form:** If medication for your student will need to be administered during school hours, an *Administration of Medication by School Personnel Consent* form or *Self-Administration Consent* form must be completed. **Primary care provider** signature is required (even for over the counter medications). [Pacific Union Conference- Ed. Code A23-124]

NEW JUNIOR HIGH [7th and 8th grade]

- **Physical Evaluation:** Physical exam must include an examination by a primary care provider and student's medical history. Physical examination dated within 12 months prior to school entry required. [Pacific Union Conference- Ed. Code A23-116]
 - **7th grade** applicant's physical examination must include a *scoliosis exam*.
- **Sports Physical Exam:** Students looking to participate on a La Sierra Academy athletic team must receive an annual physical examination conducted by a primary care provider certifying that the student is physically fit to participate in athletics. The physical examination must be completed within 12 months **prior** to tryouts of selected sport of interest, practice or participate in interscholastic athletic competition. (pg. 2 & 3 of LSA's Physical Form) [CIF SS- Blue Book]
- **Immunization Record:** Provide La Sierra Academy with student's immunization history or a copy of their school health record. The California School Immunization Law requires that children be up to date on their immunization (shots) to attend school. A personal beliefs exemption is no longer an option for entry into school. [California Department of Public Health]
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[California Department of Health]
- **Tdap Booster:** Record of Tdap, DTaP, or DTP given on or after 7th birthday will meet the requirement. **Td does not meet requirement.**
- **Medication Consent Form:** If medication for your student will need to be administered during school hours, an *Administration of Medication by School Personnel Consent* form or *Self-Administration Consent* form must be completed. **Primary care provider** signature is required (even for over the counter medications). [Pacific Union Conference- Ed. Code A23-124]



HEALTH OFFICE REQUIREMENTS

LA SIERRA ACADEMY | 4900 GOLDEN AVENUE, RIVERSIDE, CA 92505 | P • 951-351-1445 | F • 951-689-3708

NEW HIGH SCHOOL [9th-12th Grade]

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- Sports Physical Exam:** Students looking to participate on a La Sierra Academy athletic team must receive an annual physical examination conducted by a primary care provider certifying that the student is physically fit to participate in athletics. The physical examination must be completed within 12 months **prior** to tryouts of selected sport of interest, practice or participate in interscholastic athletic competition. (pg. 2 & 3 of LSA's Physical Form) [CIF SS- Blue Book]
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- Tdap Booster:** Record of Tdap, DTaP, or DTP given on or after 7th birthday will meet the requirement. **Td does not meet requirement.**
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NEW INTERNATIONAL STUDENTS

ALL DOCUMENTS MUST BE TRANSLATED TO ENGLISH

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 - 7th grade** applicant's physician examination must include a *scoliosis exam*.
- Sports Physical Exam:** Students looking to participate on a La Sierra Academy athletic team must receive an annual physical examination conducted by a primary care provider certifying that the student is physically fit to participate in athletics. The physical examination must be completed within 12 months **prior** to tryouts of selected sport of interest, practice or participate in interscholastic athletic competition. (pg. 2 & 3 of LSA's Physical Form) [CIF SS- Blue Book]
- Immunization Record:** Provide La Sierra Academy with student's immunization history or a copy of their school health record. The California School Immunization Law requires that children be up to date on their immunization (shots) to attend school. A personal beliefs exemption is no longer an option for entry into school. [California Department of Public Health]
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